



signal

LOTTERY FUNDED

building deaf friendly communities

Signal Befriending

Do you need a buddy?

Do you want to be a buddy?



Signal befriending 'buddies' know how deafness or hearing loss can affect people's lives.

A volunteer buddy can offer you the chance to talk to someone who understands. They can help you to sort out practical problems, build confidence and make the most of everyday life.

Being a buddy can give you the chance to use or develop your understanding of hearing loss and make a difference to people's lives.

A buddy can help you...



- Enjoy family, social and work life again, be part of conversations and feel less isolated
- Deal with difficult everyday situations, such as shopping, banking, using the phone and public transport
- Feel self-confident, rather than avoiding new situations and letting others do things for you
- Find out what services, support and equipment are available.



Signal Befriending is available across Shropshire, Telford and Wrekin.

Other support



Signal Befriending is only able to help people with challenges caused by deafness and hearing loss.

We do not provide long-term companionship, or help if you are under 18.

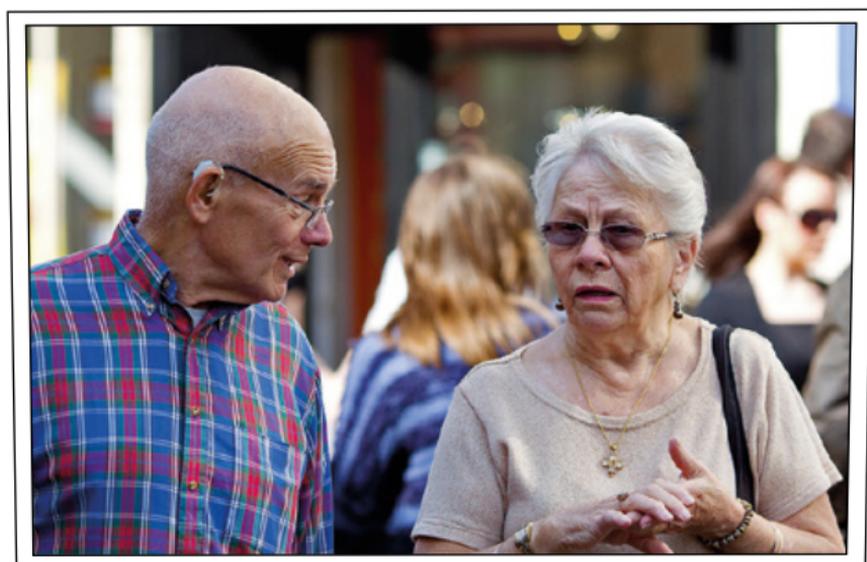
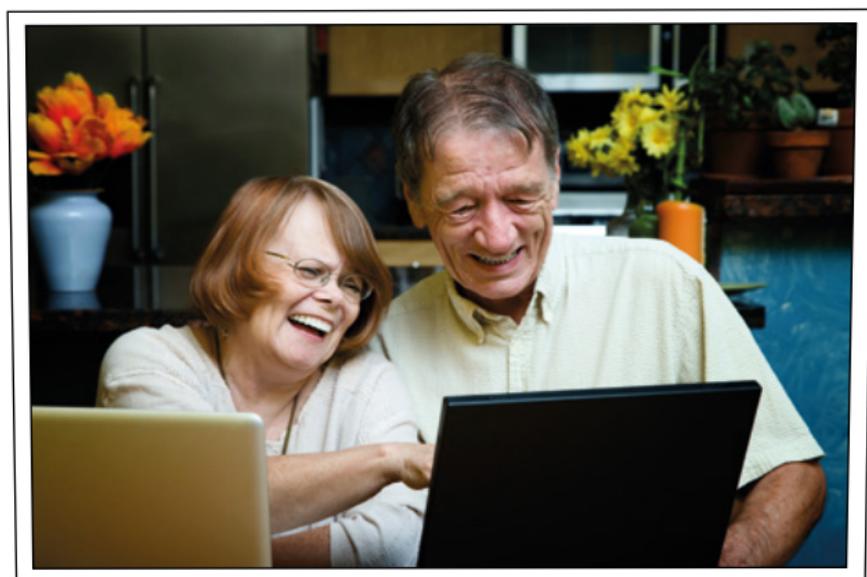
We may be able to direct you to more suitable services if Signal Befriending is not right for you.

Could I be a volunteer buddy?



You could be a buddy if you:

- Can understand the impact hearing loss can make on people's lives (you may have personal experience)
- Can help people build their confidence and find the information, support and services they need
- Can commit to volunteering on a regular basis
- Hold a DBS (Disclosure and Barring Service) certificate or agree to a check.



How do I ask for a buddy or become a volunteer?



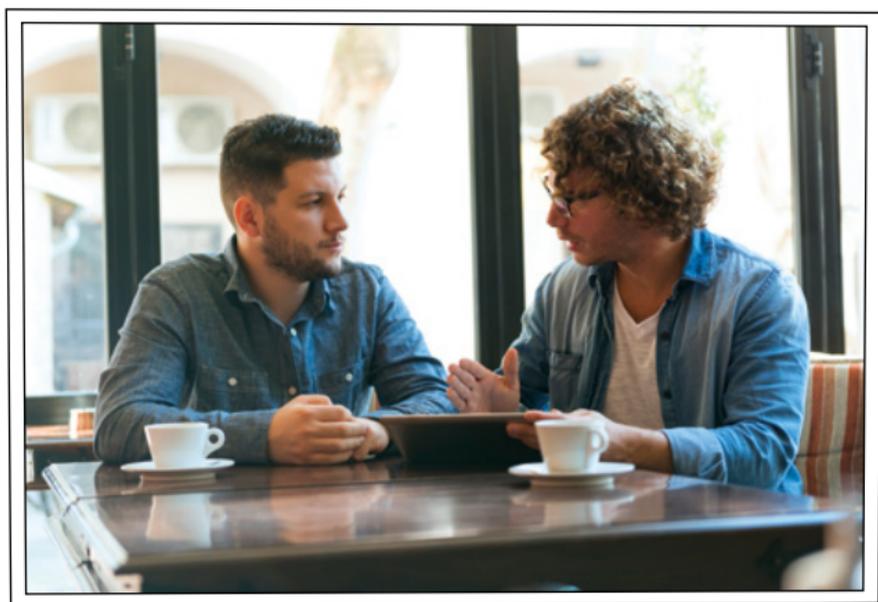
Contact Signal and we will answer any questions you may have and send you some more detailed information:

 info@signal.org.uk

 01743 358 356

 07950 782 819 (SMS text service)

Or pop in to: Signal: The Hub, Units 20-22, Riverside Mall, Shrewsbury SY1 1PJ



About Signal

Signal is a Shropshire based charity working with people with hearing loss to build deaf friendly communities in the UK and Africa.

To find out more, sign up for our newsletter or join us on social media:

 [@SignalCharity](https://twitter.com/SignalCharity)

 [/SignalCharity](https://www.facebook.com/SignalCharity)

www.signal.org.uk